

FRIGIDAIRE

PROFESSIONAL®

Get started with your air fry oven and microwave



BEFORE YOU START

Set up your microwave



Remove all packaging material and tape and make sure your turntable support and turntable are in place prior to operating the microwave. For best performance have a qualified technician confirm the electrical supply is a minimum 120 volt, 60Hz AC, 15 amperage dedicated circuit. Check out your Use & Care Guide for tips to help care for your microwave.



Set your clock

It's easy! Touch clock icon. Time will flash. Enter time and touch the clock icon to set.



Before cooking with the Air Fry oven for the first time

Set your Air Fry at 400°F for about 15 minutes. As the Air Fry oven gets settled in your home, it's normal to experience some noises and smoke.

YOU'RE IN CONTROL



Turn off/on your display

Press the clock icon and hold for 3s. The display will turn off and remain off when not in use.
Press the clock icon and hold for 3s. The display will turn on and remain on.

Set the sound level

Touch the settings icon two times. When you see Sound displayed press Start and low, med, high, off will scroll in the display. When you see the desired sound level press Start..

Push-to-Open PureAir® Filter Door

When it is time to replace your charcoal filter, the display will show FILTER.
Order your new PureAir® Filter (FRPAMRAF) at frigidaire.com.

AIR FRY OVEN

Place the Air Fry pan in the oven onto the glass turntable with the legs in the extended position.
Press the Air Fry button.

Select the preset temperature, from 2 to 9, on the display, press Start..

Enter the suggested time according to the food packaging, press Start..

While the Air Fry pan is pre-heating place the food into the the Air Fry tray, up to 3 servings.

When the preheat tone sounds, place the Air Fry tray with the food in the preheated pan.

Close the door and push Start..

Consult your Use & Care Guide for detailed instructions.

Tips:

The +30/+10sec buttons can be used to add cooking time during the cooking cycle.

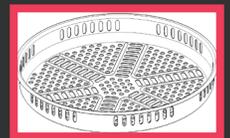
After the preheat tone, avoid leaving the microwave door open for a long period of time.

Your Air Fry accessory is made of two pieces, a tray and a collapsible pan.

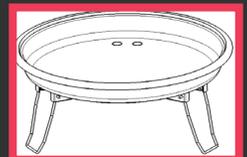
Caution: Always use oven mits or potholders when handling hot items.

Caution: The preheated Air Fry pan and oven will be hot when placing the tray with food into the oven.

Caution: The Air Fry pan and tray are designed for Air Fry cooking only and should not be used for any microwave cooking.



Air Fry Tray



Air Fry Pan

AIR FRY OVEN AND MICROWAVE MODES

POPCORN is used to pop corn in three convenient sizes.

DEFROST is used to defrost frozen foods such as meat, poultry and fish by weight.

SENSOR COOK uses moisture and humidity to adjust cooking time and power level for various foods and quantities.

SENSOR REHEAT uses moisture and humidity to adjust cooking time and power level for various foods and quantities, such as beverages, soup, dinner plates and more.

MELT/SOFTEN is used to melt and soften foods by using lower power. It's easy to melt butter or chocolate. You can soften ice cream or cream cheese too.

AIR FRY circulates heated air to deliver crispy and golden results with little to no oil.

CONVECT COOK uses a fan to circulate heat for quick and even results. Convection Bake and Convection Roast are both available with the convection cook button.

KEEP WARM is used to keep cooked foods at serving temperatures in the microwave oven.

POWER LEVEL is used to manually microwave cook with multiple power level and time stages.

TIMER can be set for 99 minutes and 99 seconds as a convenient timer for your home.

+30Sec/+10Sec are convenient cooking times and at the touch of button you can begin microwave cooking for 30 or 10 seconds. You can also add time to any cooking cycle in progress simply by pressing the button.

QUICK START MICROWAVE COOKING by simply pressing 1 through 9 for 1 to 9 minutes of microwave cooking at 100% power. A 2 second delay will occur and then the microwave will automatically start cooking.

Note: Monitor foods when using Air Fry since it may cook foods faster.

QUICK CARE



A little love goes a long way

Quick ongoing care keeps your microwave oven working great for years to come! Clean with a soft cloth, mild dish detergent and water or Frigidaire ReadyClean™ Oven and Microwave Cleaner. Avoid spraying large amounts of water or cleaners directly on the control and display area.

FAQs

Why does my microwave make noises when I'm cooking?

Temperature changes during cooking and cool-down can make parts of the microwave expand and contract. The controls click as they work to control the magnetron for microwave cooking. The magnetron will click as it works to create cooking temperatures. Different fans run to heat and cool down different parts of the microwave, even when it's off. These sounds are normal.

Why does my turntable make noises when turning?

Food build-up on turntable and turntable support wheels can make noise as the turntable rotates. The turntable and turntable support should be washed to maintain performance and rotation.

This microwave doesn't work like my old one. What's wrong?

We know adjustment isn't always easy. As you get used to the new microwave you may need to test and adjust cooking times for recipes. Consult your Use & Care Guide for detailed instructions on how to use your microwave modes or call Frigidaire Owner Support if you need help!

Can I use the Air Fry collapsible pan and tray when microwaving?

The Air Fry collapsible pan and tray are designed for Air Fry cooking only and should not be used for microwave cooking.

Why does FOOD show in my display?

If the microwave door is opened and closed, for example, to reheat a cup of coffee, but the microwave is not started for five minutes, then the word FOOD will be displayed, and the microwave will not work. Open and close the door to clear FOOD from display and the microwave will work.

LET'S MAKE IT OFFICIAL!

Take the first step to becoming a part of the Frigidaire family by registering your new Air Fry oven and microwave.

Register on-line at:

Frigidaire.com/register

Or complete the included registration card by mail.

Note: Your model and serial number can be found on the front of the microwave inside of the door.

WE ARE
here
FOR YOU



Have a question?



Want help?



Need service?

1 (800) 374-4432
frigidaire.com
owner support